

Volunteering in the Psychological Counseling Department

This is an excellent opportunity for those interested in psychology, education, and community well-being. Your contributions will make a difference in promoting mental health awareness and support among the university community. You can volunteer at any time and for any time of duration, that fits your schedule.

As a volunteer, you will have the opportunity to:

- Gather educational information on psychological topics.
- Write articles related to mental health and well-being.
- Assist in preventive activities, such as workshops on stress and emotional management.
- If you have prior experience, you may even have the chance to lead these sessions yourself under our guidance.

By volunteering at the Community Well-being Center, participants will receive an exclusive digital badge <https://edu.mruni.eu/classes/85972>

If you're interested please fill in the form:

https://forms.office.com/Pages/ResponsePage.aspx?id=SHPGoK96QEGcWjouBr8PDWL7uzMa7IVEnC_13DHDQ9JUOUk3NzBHNFFOVzA2OEFKVUVUT0tRU0FZRy4u

If you have any questions, please reach out to us at: pks@mruni.eu