# INTERNISHIP IN PRAGUE (CZECH REPUBLIC)



Gain experience in the environment of a non-profit organization with an international reach and work on topics that move society - migration, queer rights, censorship or, for example, the death penalty.

Amnesty International Czech Republic is a branch of a global non-governmental and non-profit organization representing a movement of more than seven million people who take injustice personally. We strive to promote human rights around the world. We conduct campaigns, organize public events and strive for visible changes in the system at the national and international level.

## WHY AMNESTY?

- you will get to know what the work of an international non-profit organization looks like from the inside
- you will be a full-fledged part of the activist team
- you will acquire skills in the area of coordination of individual volunteers and volunteer teams
- you will cooperate in the preparation and management of human rights campaigns
- you will improve your organizational and communication skills



#### **TASKS AND RESPONSIBILITIES**

- communication with coordinators of regional volunteer groups
- management of the team of ambassadors of the Letter Writing Marathon
- cooperation in recruitment and an active role in the integration of new volunteers into the organization
- assistance in the organization of projects and events, such as regular trainings, teambuildings or stalls at festivals
- preparation of graphic materials for events
- communication with partner associations and organizations
- administration of volunteer social networks

### WE OFFER YOU TWO POSSIBILITIES

six-month duration: March-September 2025

one year duration : March 2025-March 2026

### **REQUIREMENTS AND DEADLINES**

- ▶ application deadline: January 26, 2025
- fluent Czech/Slovak + English
- working hours 4-5 days a week, total 32-40 hours
- possible financing through the Erasmus+ grant
- the duration of the internship can be adjusted by agreement



#### **PROJECTS YOU WILL WORK ON**

Leading a team of coordinators of regional groups

Currently, we have seven active volunteer groups in various corners of the country. We regularly meet with their coordinators, both in person and online. We help them realize the set goals and we also help them with the preparation of activist events, or we collaborate with them on nationwide projects. At the same time, we create a supportive environment for the emergence of new activist groups.

Ambassadorship of the Letter Writing Marathon

Every year we recruit five to ten volunteers for the position of Marathon ambassador. The letter writing marathon is a worldwide event whose goal is to help the unjustly imprisoned to get free. We write letters not only to the prisoners themselves, but also to the authorities and directly ask them to release the prisoners. About twenty thousand letters are sent every year from the Czech Republic alone. The embassies have the role of mediators in the campaign: they address potential organizers of correspondence events and explain to them the possibilities of the campaign. The embassy team needs to be trained, meet regularly and support them in their work.

**Stands at festivals** 

During the year, we have stands at human rights, cultural and other events in Prague and in the regions. Before each event, we assemble a volunteer team that helps at the festival stand. We regularly have stands at, for example, Prague Pride and other regional prides, but you can also look forward to a stand on Tibet Day.



### FORMER INTERNS HAVE SAID



"Internship at Amnesty International was a great life experience. I have met many inspirational and amazing people. I think, that its' not only about what you give to the internship but especially what you can get out of it."

#### Dana Nalevanková

Graduate of Social Work Studies at the University of Prešov nalevankovadana@gmail.com



"Being a trainee and work with Amnesty team was a very rewarding and inspirational experience. The internship in the worldwide movement of people who try to speak out about violations and denied human rights in the world, showed me how important is to take an action and mobilize public pressure for a better place to live. Assisting in projects has broadened my knowledge, capabilities and personally pushed me forward."

*Miriam Čakurdová* Student of the Security studies at the Matej Bel University mcakurdova12@gmail.com



"The best thing about my graduate internship in Amnesty International was that I got a lot of hands-on experience and I gained deeper insights into the human rights issues. I have met many interesting people and it also opened doors for the me that otherwise may have been closed."

#### Laura Sajdáková

*Graduate of European Public Administration at the Pavol Jozef Šafárik University in Košice laura.sajdakova@yahoo.com* 

Do you want to become a member of the Amnesty team? Send me your CV and a brief motivation letter!

Antonin Zhořec Community Coordinator 
 Telephone number:

 +420 601 338 712

**E-mail:** antonin.zhorec@amnesty.cz