## APPROVED

Mykolas Romeris University

by the Rector of the Romeris University of Applied Sciences on 10 March 2022. No.1I-72

## MYKOLAS ROMERIS UNIVERSITY SPORTS FACILITIES INTERNAL RULES OF PROCEDURE FOR VISITORS

1. The Rules of Internal Order of Mykolas Romeris University Sports Facilities (hereinafter referred to as the Sports Facilities) (hereinafter referred to as the Rules) shall be binding for all persons who use the Sports Facilities. Starting to use the Sports Facilities is allowed only after a person (hereinafter - the Visitor) has carefully read the Rules and confirmed it in the registration form.

2. The Rules are available on the website of the Mykolas Romeris University Community Wellbeing center, Health and Sports Department (hereinafter - HSD), in the registration system and in the Sports Facilities themselves.

- 3. Mykolas Romeris University Sports Facilities are:
- 3.1. the CR Big Sports Hall I-116;
- 3.2. CR Small Sports Hall II-105;
- 3.3. CR Gym II-012;
- 3.4. CR Gym II-08;
- 3.5. CR Wrestling Room II-104;
- 3.6. Outdoor volleyball court.

4. For members of the Mykolas Romeris University community - employees, students, lecturers and alumni (hereinafter - the Community), the reservation of sports facilities is made on the website <u>www.bookwhen.com/mrusales</u>.

5. The right to use the HSD Sports Facilities and the services provided therein is granted to the members of the Mykolas Romeris University community who, in accordance with the concluded agreement, fill in the application form. After the application has been approved, the room reservation is marked on the website <u>www.bookwhen.com/mrusales</u>.

6. In the sports facilities and their territory the Visitor must:

6.1. to use the Sports Facilities, property and equipment responsibly and with care, and to take all possible measures to prevent damage to his/her own health and/or property, as well as to the health of other visitors to the Sports Facilities and employees, while using the services.

6.2. before using the equipment and inventory available in the Sports Facilities, familiarize oneself with the rules for the use of such equipment and inventory posted in the premises or indicated on the inventory, equipment, and in the event of any uncertainty, do not use such equipment and inventory, but refer to the responsible HSD employees for the provision of the necessary information, the contact details of which are provided in all Sports Facilities.

6.3. to use the equipment and inventory in the Sports Facilities only for their intended purpose, in the manner and according to the rules for the use of such equipment and inventory; not to use equipment and inventory that is temporarily defective. The Mykolas Romeris University Housekeeping Office should be informed immediately about the equipment failure by registering

the failure on the website www.pagalba.mruni.eu/.

6.4. Wear sports clothing and clean sports shoes in the gym.

6.5 After completing the exercises or group training, the fitness equipment must be left in good order, suitable for use by other visitors, and fitness accessories and other equipment and weights must be placed in their designated places.

7. The person is informed and agrees that he/she will exercise independently in the gym, choosing his/her own specific fitness equipment, tools, devices, as well as physical exercise, taking into account his/her state of health, individual needs and personal characteristics.

8. Taking into account the specifics of the work of the HSD and the fact that the Visitors independently use the Sports Facilities, the Visitors are informed and agree that the Sports Facilities may be unstaffed during certain working hours.

9. Members of the Mykolas Romeris University Community are obliged to register in the visitors' registration register located at the Mykolas Romeris University central entrance guard, where they confirm that they are exercising in accordance with their health possibilities and are responsible for their own health condition, accidents and their consequences during the training, except for the cases provided for by the Law on Social Insurance of Occupational Accidents and Diseases.

10. Independent sports activities are allowed in the Mykolas Romeris University sports premises only during the time free from group training and team training.

11. The Mykolas Romeris University Community can make reservations for group training sessions organised by the HSD on the website <u>www.bookwhen.com/mrusports</u>.

12. Entrance to the changing rooms is possible no earlier than 15 minutes before the start of the training session or class.

13. HSD is not responsible for any items left by visitors in the changing rooms or other areas of the Sports Facilities.

14. It is forbidden to walk around the Gym when other groups are taking part in classes.

15. Any commercial activity (charging for group classes, etc.) in the MRU Sports Facilities is strictly forbidden when reserved for members of the MRU community.

16. All individual Visitors and/or coaches conducting group or individual sessions are responsible for the order in the Sports Facilities and safety during the sessions. The premises must be left in a tidy condition and the equipment and other facilities must be used as intended.

17. Drinking, intoxication and smoking are prohibited in all areas of the Sports Facilities.

18. The HSD Administration has the right to restrict access to the Sports Facilities for violations of the Rules or repeated failure to arrive at the reserved time and to indicate this in the reservation system.

19. Minors under the age of 18 are not allowed to participate in sports or be in the Sports Areas on their own.